

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p style="text-align: center;">SOUTH -2 INDIAN PROGRAM</p>		9:45 Exercise 1 10:30 Craft 11:00 Aarti 2:15 Tea Time 3:00 Bingo 4:30 Aarti 5:00 Room Visit 6:30 Meditation Chaitra Sud -4 Navratri <small>All Fools' Day</small>	9:45 Exercise 2 10:30 Religious reading 11:00 Aarti 2:15 Tea Time 3:00 Crossword 4:30 Aarti 5:00 Room Visit 6:30 Meditation	9:45 Exercise 3 10:30 Ramayan reading 11:00 Aarti 2:15 Tea Time 3:00 Table Game 4:30 Aarti 5:00 Room Visit 6:30 Meditation	9:45 Exercise 4 10:30 Ramayan reading 11:00 Aarti 2:15 Tea Time 3:00 Indian Movie 4:30 Aarti 5:00 Room Visit 6:30 Meditation	9:45 Exercise 5 10:30 Coloring 11:00 Aarti 2:15 Tea Time 3:00 Sing Alone 4:30 Aarti 5:00 Room Visit 6:30 Meditation		
		9:45 Exercise 6 10:30 Coloring 11:00 Aarti 2:15 Tea Time 3:00 Art and Craft 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Chaitra sud 9 Ram navmi	9:45 Exercise 7 10:30 Game Ludo 11:00 Aarti 2:15 Tea Time 3:00 Playing cards 4:30 Aarti 5:00 Room Visit 6:30 Meditation music World health Day	9:45 Exercise 8 10:30 Ekadsahi Bhajan 11:00 Aarti 2:15 Tea Time 3:00 Coloring 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Kamda Ekadashi	9:45 Exercise 9 10:30 Religious reading 11:00 Aarti 2:15 Tea Time 3:00 Current news 4:30 Aarti 5:00 Room Visit 6:30 Meditation music	9:45 Exercise 10 10:30 Coloring 11:00 Aarti 2:15 Tea Time 3:00 Passing Ball 4:30 Aarti 5:00 Room Visit 6:30 Meditation Mahavir Jayanti	9:45 Exercise 11 10:30 Bhajan 11:00 Aarti 2:15 Tea Time 3:00 Nail Spa 4:30 Aarti 5:00 Room Visit 6:30 Meditation Hanuman Jayanti/ Purnima <small>Easter Begins</small>	9:45 Exercise 12 10:30 Sundarkand 11:00 Aarti 2:00 Tea Time 3:00 Ramayan 4:30 Aarti 5:00 Room Visit 6:30 Meditation
		9:45 Exercise 13 10:30 Bowling 11:00 Aarti 2:15 Tea Time 3:00 Bingo 4:30 Aarti 5:00 Room Visit 6:30 Meditation music <small>Palm Sunday</small>	9:45 Exercise 14 10:30 Coloring 11:00 Aarti 2:15 Tea Time 3:00 Music 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Chaitra Vad-1 Dr. Ambedkar Jayanti	9:45 Exercise 15 10:30 Craft 11:00 Aarti 2:15 Tea Time 3:00 Playing card 4:30 Aarti 5:00 Room Visit 6:30 Meditation music	9:45 Exercise 16 10:30 Religious reading 11:00 Aarti 2:15 Tea Time 3:00 Passing Ball 4:30 Aarti 5:00 Room Visit 6:30 Meditation musci	9:45 Exercise 17 10:30 Coloring 11:00 Aarti 2:15 Tea Time 3:00 Crafting 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Chaitra vad-4 Sankat Chaturthi	9:45 Exercise 18 10:30 Bowling 11:00 Aarti 2:15 Tea Time 3:00 Cognitive Game 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Chaitra Vad-5 Good Friday	9:45 Exercise 19 10:30 Craft 11:00 Aarti 2:15 Tea Time 3:00 Sing Alone 4:30 Aarti 5:00 Room Visit 6:30 Meditation music
		9:45 Exercise 20 10:30 Table game 11:00 Aarti 2:15 Tea Time 3:00 Playing card 4:30 Aarti 5:00 Room Visit 6:30 Meditation music <small>Easter Sunday</small>	9:45 Exercise 21 10:30 Painting 11:00 Aarti 2:15 Tea Time 3:00 Passing Ball 4:30 Aarti 5:00 Room Visit 6:30 Meditation music	9:45 Exercise 22 10:30 Table Game 11:00 Aarti 2:15 Tea Time 3:00 Art and craft 4:30 Aarti 5:00 Room Visit 6:30 Meditation music <small>Earth Day</small>	9:45 Exercise 23 10:30 Religious reading 11:00 Aarti 2:15 Tea Time 3:00 Crossword 4:30 Aarti 5:00 Room Visit 6:30 Meditation music <small>Administrative Professionals Day</small>	9:45 Exercise 24 10:30 Music chair 11:00 Aarti 2:15 Tea Time 3:00 Table Game 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Chaitra Vad -11 Varuchini Ekadashi	9:45 Exercise 25 10:30 Gita Reading 11:00 Aarti 2:15 Tea Time 3:00 Indian Movie 4:30 Aarti 5:00 Room Visit 6:30 Meditation music <small>Arbor Day</small>	9:45 Exercise 26 10:30 Bhajan 11:00 Aarti 2:15 Tea Time 3:00 Nail Spa 4:30 Aarti 5:00 Room Visit 6:30 Meditation music
		9:45 Exercise 27 10:30 Music chair 11:00 Aarti 2:15 Tea Time 3:00 Dominos 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Vaishakh sud -1	9:45 Exercise 28 10:30 Table Game 11:00 Aarti 2:15 Tea Time 3:00 Passing Ball 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Vaishakh sud -1	9:45 Exercise 29 10:30 Craft 11:00 Aarti 2:15 Tea Time 3:00 Playing card 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Parshuram Jayanti	9:45 Exercise 30 10:30 Religious reading 11:00 Aarti 2:15 Tea Time 3:00 Bingo 4:30 Aarti 5:00 Room Visit 6:30 Meditation music Vaishakh Sud-3/ Akhatriji	<h1>April 2025</h1> <h2>CENTRAL ISLAND HEALTHCARE</h2>		

Activities are held in the 2nd floor dining room unless indicated otherwise. The calendar is subject to change.